



SUMMER FESTIVAL PROVINCIAL CHAMPIONSHIPS

/// By Kelly Hughes, Ducks Swimming /// Photos Courtesy of Ducks Swimming

Nine swimmers represented Ducks Swimming and the Town of Aurora at the Summer Festival Provincial Championships held at the Canada Games Aquatic Centre in London, Ontario on June 27th and 28th. Holly Biasi (12), Tyler Da Ponte (9), Brent Davison (11), Hunter Edwards (13), Abigail Juhola (12), Nicolas Machell (13), Thomas Nelander (11), Toma Noda (11) and George Zizakovic (11) topped off a tremendous swim season with personal best performances at this prestigious event. This is the largest team of swimmers that Ducks Swimming has sent to the Festival Provincial Championships.

Top eight performances were achieved by Holly Biasi who captured 6th spot in both the 50 m and 100 m Freestyle events in the Girls 12 Year Old Category and Hunter Edwards who took 5th place in the 100 m Breaststroke and 8th in the 200 m Breaststroke in the Girls 13 Year Old Category. ■



Left to Right: Thomas Nelander, Toma Noda, Brent Davison, George Zizakovic, Tyler Da Ponte

ONTARIO PROVINCIAL LONG COURSE CHAMPIONSHIPS



Chloe Taylor

Six Ducks travelled to Nepean to compete in the Ontario Provincial Long Course Championships which were held July 2nd to July 5th. This elite level meet marked the finale of the 2014-15 Season for top Ducks performers: Soorna Choheili (15), Maxwell Jones (14), Carter McWilliams (15), Natalie Shears (16), Hayden Spiers (15) and Chloe Taylor (15).

Soorna Choheili, Hayden Spiers and Chloe Taylor advanced to the Finals and achieved a top 8 position(s) in the province: Soorna Choheili, 7th, 50 m Freestyle, Male 15 Year Old Category; Hayden Spiers, 8th, 200 m Butterfly, Male 15 Year Old Category; and, Chloe Taylor, 4th, 200 m Breaststroke and 5th, 100 m Breaststroke, Female 15 Year Old Category. ■

Up Next... The Ducks are currently on summer hiatus; however, summer camps for current members and swimming enthusiasts are offered the weeks of August 24th and August 31st at the Stronach Aurora Recreation Complex. The 2015 - 2016 Swim Season kicks off on September 12th.

MASTER DUCKS CELEBRATES 20 YEARS THIS SEASON

/// By Melony Teague /// Photo Courtesy of The Master Ducks Swim Club

September 2016 marks the 20th anniversary of the Aurora Master Ducks Swimming Club and to lead up to the big celebration they have a year of special things planned for the upcoming season. They plan on attending this year's Ontario Masters Swimming Championships en masse. New this year is the introduction of Tritonwear which will allow swimmer/coach real time communication and workout assessment. Triton wear is in the forefront of a ground-breaking and industry changing product and the Master Ducks will be the only adult swimming program in Canada licensed to use it.

In addition to training together for fitness in the pool, the usual social aspect of the team, which will include weekly and monthly events, will allow for team building and for members to spend time together on a social level. The work outs will range from basic, beginner swimming, ranging through all levels of swimmers in fitness, competitive and triathlon based training methodology to suit your fitness needs. For the benefit of

cross training, indoor cycling and Aurora Cross fit and Yoga programs will also be included in the Master Ducks training regime. ■

Take advantage of the August early bird registration rates and full registration will take place in September. Visit their brand new website for more information at www.masterducks.ca or email the administrator, Kate Bayne: kate@masterducks.ca

